

**Sermon Outline:** 11.26.23

Sermon Series: **Let's Eat!**

Sermon Title: ***When the Eating is Over, the Leftovers Must Go!***

Sermon Text: Deuteronomy 23:12-14, Philippians 3:7-10

**“Disciples are made from a regular diet of spiritual food.”**

The spiritual digestive process is like the physical...

*Ingestion*

*Digestion/Absorption*

*Assimilation*

*Egestion*

**Spiritual Digestive Process**

INGESTING = Believing

DIGESTING = Understanding

ASSIMILATING = Applying

EGESTING = Removing

Egesting = Removing

***“When the Eating Is Over...***

***The Leftovers Must Go!”***

***If we can't use it, loose it!***

(Deuteronomy 23:12-14) (Philippians 3:7-10... then, a few minutes later, 3:12-14)

**Facts concerning physical dung...**

***It's a necessary part of the life process.***

***It's a nagging part of the life process.***

***It's a nasty part of the life process.***

(Mark 7:14-23) (2<sup>nd</sup> Corinthians 6:17 – 7:1)

(James 1:20-21) (1<sup>st</sup> Peter 2:1-3) (Ephesians 4:31-32)

Most of the useless “dung” in our lives consists of

***Private, Personal, & Putrid***

***thoughts, feelings, and attitudes,***

Which are most often deposited in us through

***Offenses, Disappointments, & Misunderstandings***

***in our dealings with others and ourselves.***

(Isaiah 53:5) (Hebrews 13:12-13)